

THE LUX LIFE

The Unexpected Experience.



Autumn skies, pecan pies, pumpkin spice, and everything nice...

As we eagerly stride into the months of September and October, cooler weather and fall festivities wait for us just around the corner! Carrying on the six-year tradition, we'll be hosting our Annual Avondale Friendsgiving Potluck in November with social distancing and best safety practices in place. We extend the invitation to all of our wonderful Palm Desert Plaza and Scottsdale tenants, as well as we are excited to introduce the tradition to our newest neighbors.

We ask those who wish to participate, to bring a dish you would like to share.

Stay tuned for an official date announcement in our November Newsletter. The success of this event would not be possible without the participation and support of our community- we thank and appreciate each of you!



~Sharon & Maria

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Avondale Community Updates



Upcoming Events

Around Avondale

Lux Offices - CLOSED for Labor Day

Monday, September 7th

RedRock's Music Festival

September 9th through November 7th

Fall Arizona Restaurant Week

September 18th through 27th

\$44 a person (the event has 77 local restaurants participating)

Corn Maze & Pumpkin Days

Tolmachoff Farms

October 1st through November 1st

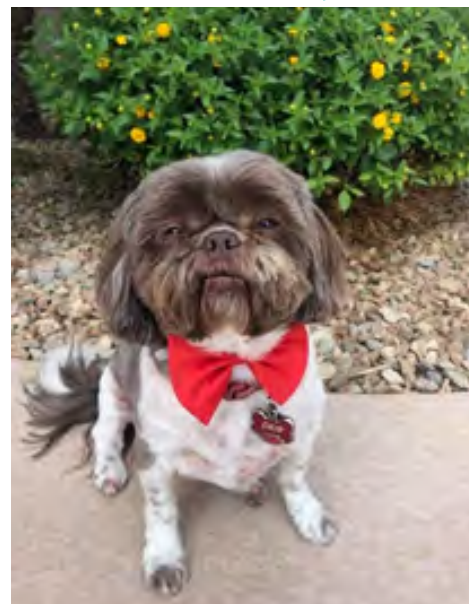
Through the month of October, our Lux Avondale tenants April Phillips and Chippy with Visiting Angels, are partnering with Mutts on a Mission, American Furniture Warehouse, and TopGolf to host a school supplies and book drive for local elementary students in need. April was inspired to host the drive after their great deal of volunteer time through Mutts on a Mission.

The duo would spend the day with students to encourage the strengthening of reading skills by allowing them to read aloud to Chippy and other pups. Based off the stats provided from the end of quarter tests, this program has proven to significantly increase the children's reading abilities and the program has been launched nationwide!

There will be a drop off location at Lux Offices Avondale and Rosati's off Dysart and McDowell. Rosati's will be offering coupons and discounts for items donated. Due to COVID-19 restrictions, they are requesting new supplies to be donated.

For more information on the requested supplies, give April a ring at 623-266-9304.

Help Chippy give to those in need!



Scottsdale Community Updates

As school starts back up from summer break, and the world around us is continuously changing, our friends are sharing all of their tips and tricks for virtual schooling & working from home.

Here are ways to help ease the transition:

- Wake up, get dressed and have breakfast at the normal time.
- Decide where everyone can do their work most effectively and without distractions.
- List the times for learning, exercise and breaks.
- For younger children, 20 minutes of class assignments followed by 10 minutes of physical activity might work well.
- Older children and teens may be able to focus on assignments for longer stretches, taking breaks between subjects. Include your hours as well, so your children know when the work day is done.
- Schedule time for nutritious lunches and snacks. Many schools are providing take-home school meal packages for students who need them. Don't forget afternoon breaks as well! Have dinner together as a family and discuss the day.
- Enjoy more family time in the evenings, playing, reading, watching a movie or exercising together.
- Stick with normal bedtime routines as much as possible during the week to make sure everyone gets enough sleep.

Upcoming Events

Around Scottsdale

Lux Offices - CLOSED for Labor Day

Monday, September 7th

September Spectacular ArtWalk

4142 N. Marshall Way

Thursday, September 3rd | 7PM-9PM

Barret Jackson Car Auction

WestWorld of Scottsdale

October 22nd-24th | 8AM

Schnepf Farms Pumpkin Party

24810 S. Rittenhouse Road

October | Thurs-Sunday 10AM-10PM



We would love to bring more events to you! What would you like to see from us?

ASK US ABOUT OUR PARTNERSHIPS

- MediSpa Services
- Courier & Notary Services
- Catering Services
- Dry Cleaning Services

We have partnered with companies around the valley for all of your business needs. We have recommendations and discounts! Stop by and ask us about them!

Celebrating Our Neighbors

Welcome to the Lux Family!

Absolutely Able Home Care of
Scottsdale Inc.

Ben Ruoti Real Estate

Chris Bole Real Estate Group

Cotton Tree Strong

Freedom Financial & Life

HomeTime Delivery Inc.

KT Trucking Inc.

Valley Faith Psychological Services



Easy Money

Referral Program

Did you know we offer a \$200 credit towards your next months rent if you refer someone to our office? Simply tell a friend about the Lux life and when they lease an office with us the money is yours.

Easy right?

Anniversaries

September

- Wright Law Offices - 10 years
- McGee Law - 5 years
- Gerber Injury Law - 4 years
- Parisi Healthcare Interim Mgmt, LLC - 3 years
- Richard Faerber | Best Value Estate Planning - 1 year

October

- Timothy Kasparek, PLLC - 13 years
- Guinn Law Group - 11 years
- Chris Jaron, O.D. P.C. - 10 years
- Healing Dynamics Massage - 4 years
- Valiante & Assoc., LLC - 3 years
- Lighthouse Psychology - 1 year
- Thrive West LLC - 1 year
- MedicusTek - 1 year
- Verde Valley Law Group, LLC - 1 year

Congratulations Sharon!

This month our Avondale Director Sharon, was given the Cultural Award for her excellent work in the West Valley. In her 6 years as director, she has fostered a vibrant community for our tenants in the Lux Family!

THANK YOU FOR TRUSTING US WITH YOUR BUSINESS!

Lux Avondale

623.512.4900

Lux Scottsdale

480.265.4515

What's Cookin'?

Quick & Easy Healthy Meals

Baked Tacos

(30 min - 4 servings)

INSTRUCTIONS

1. Pre-heat oven to 375F
2. Line a 9 x 13 inch baking dish with parchment.
3. Arrange 8-10 taco shells in the best fitting arrangement. (You can also bake on a lined sheet pan, set on their side)
4. Stir the can of beans with a spoon and spoon 2 heaping tablespoons into each shell.
5. Top with a little hot sauce if you want.
6. Top the beans with grated cheese and place in the oven for 15-20 minutes, or until warmed though.
7. While baking, prep the toppings- diced tomato, slice avocado, chop cilantro and scallions.
8. Garnish with optional hot sauce and sour cream.

Notes- Feel free to add cooked ground meat, shredded chicken in place of the beans, or in addition to.



INGREDIENTS

- 1 package baked corn tortillas (organic if possible) 8-10
- 1 can seasoned refried beans- organic if possible (or sub black beans or cooked & seasoned ground meat, or cooked, shredded chicken)
- 1 cup melty cheese- mozzarella, pepper jack, cheddar, queso fresco or goat cheese
- Toppings- diced fresh tomato, scallions, cilantro, avocado, sour cream, hot sauce, lime

QUINOA AND CUCUMBER NOODLE SALAD WITH AVOCADO DRESSING

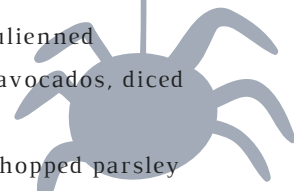
(15 min - 4 - 6 servings)

INGREDIENTS

- 2 cups cucumber, spiralized or julienned
- 2 cups chopped tomatoes 2 large avocados, diced
- 1 red onion, sliced
- 2 cups cooked quinoa 1 handful chopped parsley (or cilantro)
- For the dressing: 1 ripe avocado
- 1/4 cup white wine vinegar
- Juice of one lime
- Salt and fresh cracked pepper, to taste
- 3/4 cup olive oil

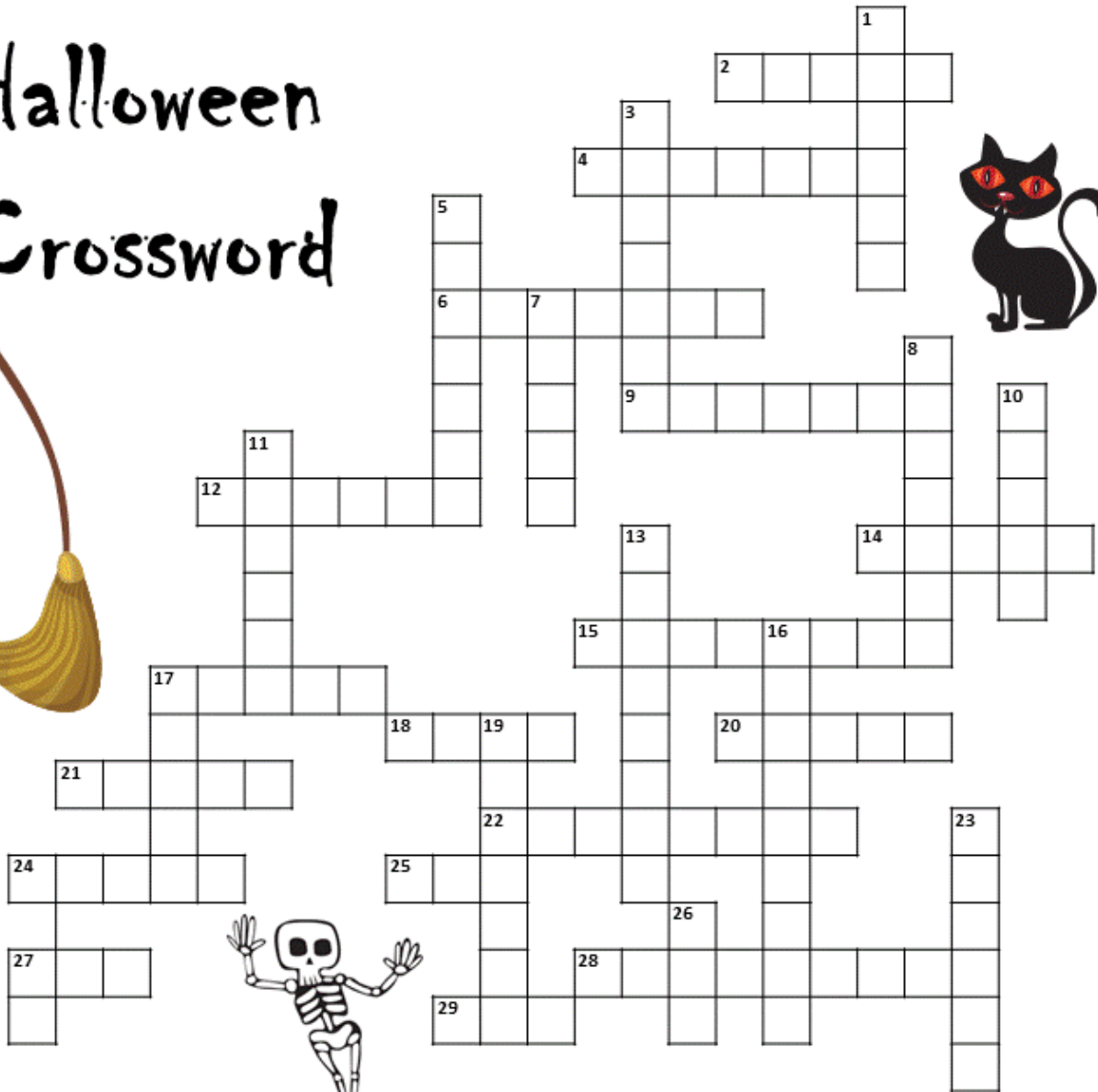
INSTRUCTIONS

1. The salad: In a large bowl combine cucumber, tomato, avocado, onion, quinoa and parsley.
2. The dressing: In a blender or food processor, combine avocado, vinegar, lemon juice, salt and pepper. Pulse until smooth and creamy. Add in olive oil progressively until just combined.
3. Transfer to a jar and drizzle over the salad before serving.



Crossword Puzzle

Halloween Crossword



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Across

- 2. Frightening
- 4. He hates garlic
- 6. Frankenstein had one
- 9. The Count
- 12. Where a vampire sleeps
- 14. ____ or treat
- 15. Scare
- 17. A skeleton is just a bunch of these
- 18. Mr. O'Lantern

- 20. What the pot might call the kettle
- 21. ____ stories
- 22. A boney sort of fellow
- 24. Found in Egypt
- 25. Lives in the belfry
- 27. Whoo? Whoo?
- 28. Playground for ghosts
- 29. What a spider spins

Down

- 1. When something makes our skin crawl, it's this
- 3. ____ house
- 5. Makes a popular pie
- 7. When ghosts come out to play
- 8. Fire burn, and ____ bubble
- 10. Samantha for example
- 11. Evil or mischevous creature

- 13. Comes out on full moon nights
- 16. October 31st
- 17. Witch transportation
- 19. Disguise
- 23. Incey wincey is one of these
- 24. Might be full, half, or new
- 26. He swallowed the canary